WIDE BAY HEALTH SYMPOSIUM
THINKING INNOVATIVELY IN COLLABORATIVE HEALTH CARE PRACTICE
18 – 19 SEPTEMBER 2019

Wide Bay Hospital and Health Service
ABOUT CQUNIVERSITY

NOOSA CAMPUS

Located approximately 130km north of Brisbane in the Sunshine Coast region, our CQUniversity Noosa campus is located in the heart of Noosaville. Students study in a beautiful coastal community that is well known around Australia for its surfing, beaches, pristine river, fine restaurants and national parks.

Our Noosa campus features modern facilities including clinical nursing laboratories, library and student resource centre facilities and state-of-the-art collaborative learning spaces.

ABOUT CQUNIVERSITY

BUNDABERG CAMPUS

CQUniversity Bundaberg is located on a green, tree-studded 23-hectare site on Bundaberg’s southern outskirts, adjacent to the airport and only six kilometres from the Bundaberg city centre. CQUniversity Bundaberg offers small class sizes, with very individually-focused, high-quality educational service provision, across a wide range of university study courses.

CQUniversity Bundaberg is a spacious campus featuring clinical nursing laboratories, library, and modern learning spaces. In addition, the Bundaberg campus is home to the only accident forensics crash laboratory in the Southern Hemisphere.
At CQUniversity Australia, we proudly offer a wide variety of TAFE and university qualifications with seamless pathways between short courses, certificates and diplomas, through to undergraduate, postgraduate and research higher degrees to help you be what you want to be.

**TOP 2% OF UNIVERSITIES WORLDWIDE**
One of the top 600 universities in the world

**TOP 150 UNDER 50**
In the world’s top 150 young universities

**OUTSTANDING EMPLOYMENT OUTCOMES**
87.1% of postgraduates (national average 86%) are in full-time employment within three months of graduating

**INCREASED EARNING POTENTIAL**
CQUni postgraduate alumni salaries are 22% higher than the national average

**INDUSTRY RELEVANCE**
Courses designed alongside industry to prepare you with up-to-date, real-world knowledge and skills

**STUDY ONLINE**
Tailor your study to suit your lifestyle with a leader in distance education

**AUSTRALIA’S FIRST CHANGEMAKER CAMPUS**
Recognised as Australia’s first and only Changemaker Campus by global social innovation group, Ashoka U

**20+ LOCATIONS AUSTRALIA WIDE**
Australia’s only university with a geographic footprint spanning the entire mainland

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^ Times Higher Education Young University Rankings 2018.
SPEAKERS

WELCOME TO COUNTRY

Mr Robert McLellan is the Cultural Support Facilitator for Stepping Black Indigenous Corporation Australia. With a background in creative arts, cultural studies and language and a professional development focus on Indigenous languages, living, arts, song and dance, Robert is a great friend of CQUniversity and the Indigenous Representative for the Wide Bay Burnett Regional Engagement Committee.

MS Peta Jamieson
Wide Bay Hospital and Health Service Board

Ms Peta Jamieson has more than 20 years’ experience with the Queensland Government, Brisbane City Council and the Local Government Association of Queensland (LGAQ). She is the director of her own management consultancy as well as the Chair of the Wide Bay Hospital and Health Service Board. Peta is committed to assisting local/regional organisations achieve their goals. Peta is a strong advocate for the Bundaberg and Wide Bay Burnett Region and actively works with community, commercial and government bodies such as the Wide Bay Burnett Regional Organisation of Councils on a range of local and regional projects and initiatives.

MASTER OF CEREMONY AND WELCOME ADDRESS

Mr Luke Sinclair currently holds the role of Associate Vice-Chancellor (Wide Bay Burnett Region) and Manager of Academic Pathways and Engagement at CQUniversity. With over 10 years of experience in the education sector, his experience spans primary, secondary and tertiary education as well as the corporate sector. He has worked across the sector in both Australia and abroad, specifically the Middle East, North Africa and Asia. He has been with CQUniversity for almost 4 years working across the Student Experience, Tertiary Education and Engagement Divisions.

MR Adam Benjamin
MEDIFARM

Mr Adam Benjamin is the founding director of MEDIFARM, Australia’s first licenced medical cannabis cultivation and manufacturing company. Adam founded MEDIFARM in 2015 to bring leading cannabinoid medical research, education and global patient treatment options to help doctors and patients who seek improved health outcomes with leading medical cannabis treatments. Adam believes MEDIFARM now has a duty of care to the Australian patient to deliver the best in cannabinoid treatments based on 15 years of advanced international Intellectual Property and unique medical cannabis plant strains clinically proven to lead the world in their medical applications.

PRESENTERS

Professor Fiona Coulson
CQUniversity Australia

Professor Fiona Coulson is Deputy Vice-Chancellor (Strategic Development) and is responsible for harnessing CQUniversity’s culture of being bold and unconventional, directing this into projects which generate real impact, innovation or disruption within our communities. Fiona has held various roles at CQUniversity including Dean of the School of Health, Medical and Applied Sciences and has a background in biomedical research which has spanned across numerous universities. She is a strong advocate for the role played by regional Australia in our national prosperity, and the transformative effect that training, education and research yields.

Associate Professor Michael Cowling
CQUniversity Australia

Associate Professor Michael Cowling is an award-winning technology educator and communicator with a keen interest in mixed reality education, computer science/technology education, and information technology in society. He currently teaches Information and Communication Technology at CQUniversity and is the founder of The Create Lab, which focuses on collaborative research and engagement around technology and education. He holds an Australian Government National Citation for Outstanding Contributions to Student Learning and is an Advance Queensland Community Digital Champion. Michael lives by the mantra ‘pedagogy before technology’, and believes in a pedagogy-first, technology-enhanced approach to technology adoption in society, if it is to truly enrich our lives.
PROFESSOR DESLEY HEGNEY  
CQUniversity Australia

Professor Desley Hegney is employed as a Professorial Research Fellow at CQUniversity. Her research and teaching interests have been in rural health and the nursing workforce. Her extensive work in the area of the workforce has led to her focus on resilience which includes the external as well as the internal factors influencing resilience. The current focus of her research is on building resilience in the health workforce with several projects involving nurses and rural doctors. She was the inaugural editor for the Australian Journal of Rural Health (1992-2002) and has established several nursing organisations such as the Association for Australian Rural Nurses and Midwives.

ASSOCIATE PROFESSOR PREETHI PREETHICHANDRA  
CQUniversity Australia

Associate Professor Preethichandra has worked as a chartered engineer in the field and in academia in Sri Lanka, Japan and is currently working in Australia. He was the recipient of prestigious JSPS postdoctoral fellowship (Japan) and subsequently received a FAIS (Japan) postdoctoral fellowship and a JSPS invitational fellowship. He held the position of Head of Discipline in electrical engineering and is currently the Head of Discipline in mechatronics engineering at CQUniversity. He has been developing conducting polymer-based nanobiosensors for biomedical and environmental parameter measurements and conducting research on development of robotic systems and their applications in society.

MRS KATHY MCKENZIE  
FIREUP Coaching

Mrs Kathy McKenzie has been a pioneer in the field of coaching in Australia. She is an innovator and entrepreneur who loves seeing others evolve. She continues to be an active member of the International Coach Federation, currently as the Sunshine Coast Chapter Leader. Kathy founded FIREUP Coaching which has evolved to become one of the leading Australian Registered Training Organisations in the area of Accredited Leadership and Coach Training. Kathy designed and developed FIREUP’s flagship programs, some of the most comprehensive and practical accredited coach training programs in Australia. Kathy brings passion, energy, enthusiasm to every topic she presents and is experienced nationally and internationally.

PROFESSOR KERRY REID-SEARL  
CQUniversity Australia

Professor Kerry Reid-Searl is a Professor in the School of Nursing and Midwifery at CQUniversity. Kerry has extensive teaching experience and has received numerous teaching awards including two Australian Learning and Teaching Citations, an Australian University Teaching Excellence award and was named Pearson/Australian Nurse Teacher Society Teacher of the Year. Kerry is well published in journals for her work around medication safety, patient safety and simulation. She developed two simulation techniques - Mask Ed and Pup Ed - that are now used across the world. Kerry has delivered keynote addresses and presentations globally for her innovative work and her service to nursing education was recently recognised with her appointment as a Member (AM) of the Order of Australia.

MR ADRIAN PENNINGTON  
Wide Bay Hospital and Health Service

Mr Adrian Pennington has 40 years of healthcare experience and is recognised for his achievements in transformation and quality improvement. He led the Coronary Heart Disease program in the UK, which led to a reduction in mortality of 55,000 lives per annum. With over 40 publications relating to quality and operational improvement, he is widely regarded as a leader in the field of health care redesign. Adrian developed the quality accounts framework in England and has worked as an advisor to the Government of British Columbia. He is currently a member of the International Hospital Federation Council and a Board member of the Australian Hospital and Health Association. In 2018 he was awarded the Australian Healthcare Chief Executive of the year.

MRS FIONA SEWELL  
Wide Bay Hospital and Health Service

Mrs Fiona Sewell is the Executive Director of Nursing and Midwifery Services for Wide Bay Hospital and Health Service. She has more than 30 years of nursing experience and almost 15 years in nursing leadership, being honoured with an Australia Day Award for exceptional leadership during the Queensland Floods. Her experience and knowledge have been gained from working in both public and private healthcare facilities, international networking and successful completion of a range of postgraduate university study. Fiona is a disruptive, highly motivated and driven leader. She understands her ‘why’, is not afraid to have the difficult conversations and is devoted to leading nurses to provide excellence in nursing standards.
WORKSHOP SYNOPTES

WORKING WITH WOMEN WITH DEVELOPMENTAL DISABILITIES
Dr Marika Guggisberg (CQUniversity)
The aim of this workshop is to examine the issue of sexual victimisation among women with developmental disabilities. It is important for health professionals to understand the particular vulnerabilities of women with developmental disabilities to sexual exploitation, coercion and assault. Focus of attention will be on the right to sexual decision making, reproductive choices as a human rights-related issue such as contraceptive decision making, and accessing information in relation to sexuality – in short, the right to pursue a safe and satisfying sexual life.

TRUE PARTNERSHIPS: PEER SUPPORTED OPEN DIALOGUE IN MENTAL HEALTH
Jennifer Mulvogue, Cherie McGregor, Colleen Ryan, Paloma Cesare (CQUniversity)
Delivered by graduates of Foundation in Peer Supported Open Dialogue Training Wide Bay 2017, this workshop will allow participants to experience an introduction to Peer Supported Open Dialogue and its value in compassionately supporting both people who experience mental health challenges and those who support them. Discussions around how peer supported open dialogue may bring about opportunities for true collaborative partnerships in the health sector will be encouraged.

USING THE ARTS TO PROMOTE HEALTH
Wendy Madsen (CQUniversity), Rod Ainsworth (Bundaberg Regional Council), Shelley Pisani (The Ideas Distillery), Madonna Chesham (CQUniversity), Paloma Cesare (CQUniversity), Jennifer Mulvogue, Cherie McGregor, Colleen Ryan, Tracey Simes, Penny Heidke, Patricia Channell, Shannon Delport (CQUniversity)
The arts have been used to promote health from an individual therapeutic perspective for several decades. This workshop will use four case studies based on different art modalities – theatre, music, visual arts, and writing – to guide group discussions related to designing a project, research or evaluation methodology, and contribution to community health and wellbeing. This will be followed by a collective discussion that summarises the group findings and explores the logistics of undertaking a project that involves art practitioners and health professionals.

ALTERNATIVE IMMERSE TECHNOLOGIES ACTIVITY
Associate Professor Michael Cowling (CQUniversity)
Come and experience AR/VR and immersive technologies with Professor Tech and his team. This hands-on, experiential opportunity facilitated by Associate Professor Michael Cowling and his team will introduce you to some of the tools you can use to enhance your work and provide better health care.

INTRODUCING AN INNOVATIVE TWO-PHASE SIMULATION DEBRIEF APPROACH TO ENHANCE LEARNING IN SIMULATION
Colleen Ryan, Tracey Simes, Penny Heidke, Patricia Channell, Shannon Delport (CQUniversity)
Simulation is one way healthcare workers learn clinical skills and knowledge. It is well known the learning in simulation occurs during debrief, however inadequate debriefing of simulation participants causes harm; negating opportunities for quality learning. In this workshop, participants will observe, experiment and facilitate a two-phase simulation debrief.

EDUCATION OF THE FUTURE HEALTHCARE WORKFORCE: LEADERSHIP AND PSYCHOLOGICAL ENABLEMENT
Brett Preston (Wide Bay Health and Hospital Service)
This workshop is designed to support participants to discuss and identify the top three critical non-clinical needs of future leaders and to draft a healthcare development products and services matrix for their organisation. This will be aligned to the Public Service Commission Leadership competencies for Queensland.

FIREUP EXECUTIVE COACHING – CONVERSATIONAL INTELLIGENCE – THE KEY TO SUCCESSFUL INNOVATION AND COLLABORATION
Mrs Kathy McKenzie (FIREUP Executive Coaching)
This interactive workshop will introduce you to the work of Judith E Glaser around Conversational Intelligence® (C-IQ). Learn how to cultivate productive relationships with colleagues, managers, teams and patients. Develop the fundamentals of quality conversations that contribute to effective healthcare workplaces and recognise the link between Conversational Intelligence C-IQ® and competent, harmonious teams who deliver quality patient care. Kathy will share links and resources to share with your teams back in the workplace.
## PROGRAM

**DAY 1 | WEDNESDAY 18 SEPTEMBER**

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<thead>
<tr>
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**ALTERNATIVE IMMERSIVE TECHNOLOGIES ACTIVITY**

Associate Professor Michael Cowling
Building 8, G.26

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Building 1, Foyer                          |                   |
| 8.45 – 8.55 am| **WELCOME**  
Ms Peta Jamieson  
Building 1, G.04                     |                   |
| 8.55 – 9.00 am| **INTRODUCTION TO FIRST SESSION**  
Professor Fiona Coulson               |                   |
| 9 – 10 am  | **BURNOUT AND RESILIENCE: DOES THIS DIFFER ACROSS EMPLOYMENT SECTORS**  
Professor Desley Hegney  
Building 1, G.04                       |                   |
| 10 – 11 am| **CONCURRENT PAPERS**  
There are two papers in each stream. Delegates can choose one stream out of three or to attend the Alternative Immersive Technologies Activity. |
|            | **STREAM 1: (COMMUNITY)**  
Building 1, G.04  
**ADVENTURES WITH DEMENTIA: HOW WE CAN FACILITATE TRAVEL FOR PEOPLE LIVING WITH DEMENTIA**  
Maria O’Reilly (CQUniversity and Dementia Centre for Research Collaboration), Nicole Shepherd (University of Queensland), Jill Franz (Queensland University of Technology), Carolyn Unsworth (CQUniversity), Claudia Bielenberg (CQUniversity), Helen Edwards (Queensland University of Technology), Elizabeth Beattie (Dementia Centre for Research Collaboration and Queensland University of Technology)  
**INCREASING MENTAL WELLBEING IN RURAL COMMUNITIES: A CAPACITY BUILDING APPROACH**  
Carmel Marshall (Centacare CQ)            |                   |
|            | **STREAM 2: (CLINICAL SEPSIS)**  
Building 5, G.22  
**THE DEVELOPMENT OF A REAL-TIME QUANTITATIVE POLYMERASE CHAIN REACTION METHOD FOR THE DETECTION OF STAPHYLOCOCCUS AUREUS PERIPHERALLY INSERTED CENTRAL CATHETER COLONISATION**  
Maddie Higgins (CQUniversity), Jeremy Brownlie (Griffith University), Li Zhang (Menzies Health Institute), Rebecca Ford (Griffith University)            |                   |
|            | **STREAM 3: (MULTIDISCIPLINARY SIMULATION)**  
Building 1, G.24  
**THE SEPSIS COLLABORATIVE PROJECT: OUR QUALITY IMPROVEMENT JOURNEY TO IMPROVING SEPSIS CARE IN BUNDABERG EMERGENCY DEPARTMENT**  
Dr Yulia Sugeng, Candice Bauer, Samantha Matthews (QHealth)            |                   |
|            | **THE PWR OF VOICE: IDENTIFYING THE ENABLERS OF AND BARRIERS TO, DOCTORS’ AND NURSES’ ENGAGEMENT WITH MULTIDISCIPLINARY SIMULATION-BASED EDUCATION**  
Ms Samantha Hoole (Wide Bay Hospital and Health Service)            |                   |
|            | **INTERDISCIPLINARY SIMULATION IN COMMUNICATION; AN APPROACH TO PREPARE NURSING AND MEDICAL GRADUATES FOR THE REAL WORLD**  
Nicole Blunt (CQUniversity), Kerry Reid-Searl (CQUniversity), Josie Robert-Smith (University of Queensland Rural Clinical School), Cavin Staff (University of Queensland Rural Clinical School), Kate Crowley (CQUniversity) co-presenter. |                   |
| 11 – 11.30 am| **MORNING TEA**  
Refectory BBQ Area  |                   |
| 11.30 – 1 pm| **CONCURRENT SESSIONS**  
**WORKSHOP 1:**  
**FIREUP EXECUTIVE COACHING – CONVERSATIONAL INTELLIGENCE – THE KEY TO SUCCESSFUL INNOVATION AND COLLABORATION**  
Mrs Kathy McKenzie  
Building 1, G.04 |                   |
**WORKSHOP 2:**
INTRODUCING AN INNOVATIVE TWO-PHASE SIMULATION DEBRIEF APPROACH TO ENHANCE LEARNING IN SIMULATION
Colleen Ryan, Tracey Simes, Penny Heidke, Patricia Channell, Shannon Delport (CQUniversity)
Building 5, G.22

**WORKSHOP 3:**
EDUCATION OF THE FUTURE HEALTHCARE WORKFORCE: LEADERSHIP AND PSYCHOLOGICAL ENABLEMENT
Brett Preston
Building 8, G.26

1 – 1.30 pm
CLOSING THE GAP BETWEEN INDIGENOUS AND NON-INDIGENOUS AUSTRALIANS
Professor Gracelyn Smallwood
Building 1, G.04

1.30 – 2 pm
LUNCH AND NETWORKING
Building 5, Courtyard

2 – 2.20 pm
INNOVATION IN HEALTHCARE AT CQUNIVERSITY
Professor Fiona Coulson
Building 1, G.04

2.20 – 3.20 pm
CONCURRENT PAPERS
There are two papers in each stream. Delegates can choose one stream out of three or to attend the Alternative Immersive Technologies Activity.

**STREAM 1:**
(CLINICAL)
Building 1, G.04

THE USE OF LASER THERAPY AND PHOTODYNAMIC THERAPY IN THE TREATMENT OF NAIL DISORDERS: PRACTITIONER PREFERENCES
Bretany Appel, Claire Johnson, Catherine Podesta, Kerwin A. Talbot, Laura Hutchinson, Malia T. Ho (CQUniversity)

THE JOURNEY BEYOND CARDIAC AND PULMONARY EXERCISE REHABILITATION: DOES PHYSICAL ACTIVITY AND MOTIVATION ENDURE?
Kristy-Lee Alfrey, Dr. Amanda Rebar, Prof. Jenni Judd, Prof. Corneel Vandelanotte (CQUniversity), Dr. Benjamin Gardner (Kings College, London), Assoc. Prof. Christopher Askew (University of the Sunshine Coast)

**STREAM 2:**
(ORGANISATIONAL)
Building 5, G.22

WHERE BIG IDEAS FLY: METRO SOUTH HEALTH FUTURE LABS
Dr Linda De George-Walker, Debbie Cowan, Georgia Hellen, Amanda Bennet, Alaina Krumins (Queensland Health, Metro South)

GROWING NEW MENTAL HEALTH NURSES – A COLLABORATIVE EDUCATIONAL PARTNERSHIP BETWEEN WIDE BAY HOSPITAL AND HEALTH SERVICES (WBHHS) AND CQUNIVERSITY
Jennifer Mulvogue, Andrew Kennedy (CQUniversity), Susan Webster, Simone Barton, Katherine O’Neill, Alexander Foley (Wide Bay Mental Health and Specialised Services)

**STREAM 3:**
(CLINICAL)
Building 5, G.16 and G.17

THE POOH PROJECT
Kerry Reid-Searl, Kate Crowley, Nicole Blunt, Rachelle Cole, Carmen Barnard (CQUniversity)

PATIENT DETERIORATION IN REGIONAL AND RURAL HOSPITALS: IS THE QUEENSLAND ADULT DETERIORATION DETECTION SYSTEM (Q-ADDS) THE GOLD STANDARD?
Marie Danielle Le Lagadec, Trudy Dwyer, Matthew Browne (CQUniversity)

**ALTERNATIVE IMMERSIVE TECHNOLOGIES ACTIVITY**
Associate Professor Michael Cowling
Building 8, G.26

3.20 – 3.50 pm
AFTERNOON TEA
Building 1, Foyer

3.50 – 4.50 pm
ROBOTIC APPLICATIONS IN HEALTHCARE AND BIOMEDICAL FIELDS
Associate Professor Preethi Preethichandra
Building 1, G.04

5 – 5.05 pm
CLOSING ADDRESS
Mr Luke Sinclair
Building 1, G.04
If you’re looking to advance your career in Australia’s complex and dynamic healthcare environment, CQUniversity can help you with a wide range of courses.

You’ll gain a world-class education from a university ranked in the top two per cent of unis worldwide*, and the edge you need to advance.

Discover more at our website and apply now to start in Term 1, 2020.

cqu.edu.au


“The qualification helped my career by allowing me to move forward and experience more senior positions. I was able to go from being a registered nurse to a clinical nurse in a specialist field with more responsibility.” – Tania, Master of Mental Health Nursing

WIDE BAY HEALTH SYMPOSIUM IS PROUDLY SUPPORTED BY:

Wide Bay Hospital and Health Service
Friendly Society Private Hospital
Central Queensland, Wide Bay, Sunshine Coast
PHN
Best Practice
FIRE UP COACHING

An Australian Government Initiative
Come and join one of the top performing Hospital and Health Services in Queensland. We offer a dynamic and supportive environment where diversity is respected, flexibility is promoted, personal wellbeing is valued and ongoing professional development is encouraged.

To find out more visit: www.health.qld.gov.au/widebay or call 07 4150 2250.

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