



CARING FOR CARERS OF PEOPLE WITH DEMENTIA

A NEW WAY TO SUPPORT ISOLATED CARERS

Are you the main carer for someone with dementia?
Is it hard to attend things because of your caring duties?
Does isolation or distance make it difficult to meet people?
Would you like to join a **free** program, from home,
and meet others in a similar circumstance?

Carers are invited to join a chat-based six-week group program

- » To connect with other carers in a similar situation
- » To chat from home in a relaxed, informal atmosphere
- » To learn and share information and experiences with others who understand.


FIND OUT MORE

Contact the Project Team to find out more
or register your interest.

carers@cqu.edu.au

0437 579 695

cqu.edu.au/caringforthecarers

 [@vc.groups4carers](https://www.facebook.com/vc.groups4carers)



DESIGNED FOR ISOLATED CARERS, YOU CAN JOIN THE WEEKLY GROUP VIA VIDEOCONFERENCING FROM HOME

The learning and chat meetings are led by a program facilitator and run for six weeks.

Carers can join the program from home. You will be able to use your own computer, tablet or smart phone and will need to be connected to the internet. The program is free, apart from charges from your internet service provider for data usage in the videoconference sessions. We can loan you a tablet if needed.

Carers do not need to stop any other carer programs or services that they are involved in.

The program is community based and available to isolated carers in Australia.

Carers will be offered \$50 voucher at completion of their involvement the project and will go in the draw to win one of five devices (tablets).

The program will be offered many times throughout 2018 and 2019.


PROJECT RESEARCH LEAD

Professor Lynne Parkinson,
Central Queensland University.

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This project has received approval from
CQUniversity's Human Research Ethics Committee
(0000020926)

ethics@cqu.edu.au
07 4923 2603



Register your interest on-line at cqu.edu.au/caringforthecarers or fill in the form below.

CONSENT FOR CONTACT

I am interested in taking part in the CQUniversity 'Caring for Carers of People with Dementia' Project and I consent to a member of the project team contacting me.

NAME:

TELEPHONE NUMBER(S):

EMAIL:

POSTCODE:

DATE:

SIGNATURE:

Please tear off this consent for contact form once completed. Scan or photograph the completed form and email to carers@cqu.edu.au

or post to

CCPWD Project

PO Box 1735 Kingscliff
NSW, 2487



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Would you like to join a free program, from home, and meet others in a similar circumstance?

This program is FREE for participants. It is funded by the Australian Government Department of Health Dementia and Aged Care Services Fund.

FIND OUT MORE

To find out more, or register your interest, please contact:

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**TAFE AND
UNIVERSITY
QUALIFICATIONS**

BE WHAT YOU WANT TO BE

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